

May/June 2013

Jewels For His Crown



A periodical for Christian Young Ladies.





As A Child

Jesus said, "Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven." (Matthew 18:3) With such a statement, it would do us good to consider the ways of a child and understand what Jesus was talking about here. Children come into this world with a need to be loved and cared for. They do not worry about clothes or food or if the bills are going to be paid on time. Their minds are pure, their thoughts are sweet and they have no malice toward anyone. So, how do we measure up to that? But this is the way that Jesus says we must be if we would "enter into the kingdom of heaven." When you are truly a child of God and the kingdom of heaven is in your heart, purity will be a priority in your life. Please consider the articles in this paper soberly.

~T. Miller

God has guarded His Word so that only the pure in heart can see its secrets. All other efforts will fail.

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Our Book Store

We still have two books available, "As The Days Go By", a collection of poems by Sis. Teresa Miller. The book is a 68-page paperback edition of original poetry. The cost is \$6.95 plus sh/hdl charges. Also available, "While I Was Musing, The Fire Burned", a book of devotions written by Bro. Mike Miller, which many have already found a great blessing. The cost is \$9.95 plus sh/hdl charges. Order both for \$15!



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I would sooner be holy than happy if the two things could be divorced. Were it possible for a man always to sorrow and yet to be pure, I would choose the sorrow if I might win the purity, for to be free from the power of sin, to be made to love holiness, is true happiness.
Charles Spurgeon

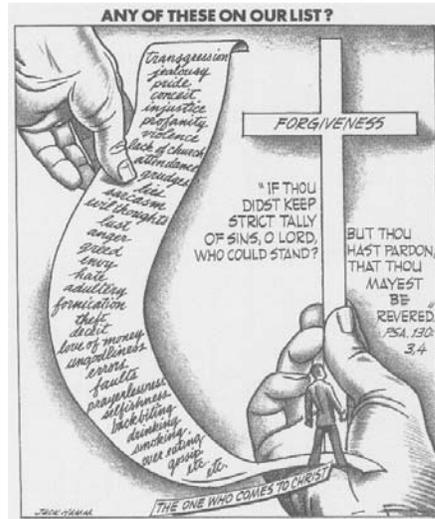


are the pure in heart:
for they
shall see **God.**
Matthew 5:8

**one opening for
soul-culture--
the avenue through
purity of heart
to the spiritual seeing
of God.**
Henry Drummond

Pure morality points you to the purest one of all. When impure, it points you to yourself. The purer your habits, the closer to God you will come. Moralizing from impure motives takes you away from God.
Ravi Zacharias

Well...really?



**When the saint
ceases to seek after
holiness, purity,
righteousness, truth;
when he ceases to pray,
stops reading the Word
and gives way to carnal
appetites, then it is
that Satan comes.**
Smith Wigglesworth



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Herb Life

Catnip Herb



Catnip is one of the traditional cold and flu remedies. It is an excellent diaphoretic (promote sweating), and its ability to induce sleep while producing perspiration without increasing the heat of the system catnip herb makes a valuable drink in any case of fever. Owing to its gentle nature, catnip herb is highly prized in the treatment of children's ailments. It also stimulates the body, settles the stomach and soothes the nerves. One famous herbal team is the combination of catnip with fennel, which has long been used as a remedy for colic, gas, and indigestion in children.

Honeysuckle Flowers

Since 659 AD, Honeysuckle has been considered one of the most important herbs for releasing poisons from the body and for reducing fever. The three main parts of the honeysuckle plant that are used medicinally are the flowers, flower buds and stems. The flowers have been used to make syrup that has been used as an expectorant for bad coughs and asthma.



Honeysuckle is used by herbalists to clear away toxic substances, also to kill or inhibit the action of germs. It is used to cool and reduce fever and heat. It reduces ulcers, sore throat, skin infections and clears the lungs and strengthens general health. The flowers can be infused to create a hot tea that can be used as an expectorant. Honeysuckle is often combined with other herbs (including cowslip and mulberry) to create a tea that is used to treat coughs and mild symptoms of asthma.

Because it is a natural antibiotic, honeysuckle can also be used for infections caused by staph or strep bacteria. Honeysuckle should be used for acute illnesses. It is not meant to be used in the treatment of chronic conditions. Honeysuckle is useful in reducing rashes from skin diseases and poison oak, in which case it should be used as a poultice. For cuts or abrasions that could become infected, an external honeysuckle infusion can be applied.

St. John's Wort



The most famous herbal antidepressant, St. John's Wort contains compounds similar to those found in Prozac. The flowers and leaves are the most valuable part of the plant and can be brewed into a tea that will calm you down and boost your mood. Just note that St. John's Wort has many adverse drug interactions, so check with a pharmacist if you're on any medications. (True with any herb remedy that you wish to take.)

What Do You Have to Offer?

"But as for me, I will walk in mine integrity: redeem me, and be merciful unto me."

Psalm 26:11

Every young lady has high standards for the man that she wants to marry. Some even make lists of the traits they are looking for in a husband; tall, handsome, rugged but loving, and much, much more. Most every good Christian girl will include characteristics such as godly, humble, pure, loves God and the church. Some are even looking for a young man surrendered to the ministry or to a mission field. These are all high ambitions and not at all out of order, for we should hold the standard high when it comes to our life-mate. But I am afraid that our focus is so much on our prospective guy that we lose sight of who and what we are, his prospective bride.

One of the hardest things to do is to turn your attention on yourself with a truthful perspective. We have the tendency to look in the mirror and try to find our best profile or which pouty face looks the cutest. Girls admire movie stars and fashion models and strive to mimic their look and stance. Those who are overweight or do not consider themselves pretty for one reason or another go into deepest depression with such low self esteem that it puts them into a state of rebellion to God and everyone else. The world has high standards for beauty and popularity, and you can get so caught up in this whirlpool that soon your standards for yourself fall short. This, in turn, brings the wrong attention to yourself, causing the young men looking for a pure bride to shun you and the young men looking for a short-term good time to seek you out.

It is disturbing to me to see the way that some of our "Christian" young ladies are portraying themselves these days. (Note: When I put quotation marks around the word "Christian", I am saying that these people call themselves Christian but because of their actions, the title is questionable.) Profile pictures are becoming so seductive as to make one wonder just what it is this young woman is advertising. A young lady's face should be enough to let her friends know what she looks like, and if her body is in the photo, why is it necessary for some to sit in such a way that the first thing a visitor notices is not her face but her bust-line! When a girl wants to look seductive, the kind of attention she is getting is not the kind she should want. Girls need to realize that this is fornication, giving a part of themselves away to whoever wishes to look. You are, in a sense, telling those who visit your account, "I am here for the taking and these are my goods." If you do not believe me, ask your Dad or your teenage brother to look at the picture. Ask them if it looks like a Christian young lady, and ask them to tell you honestly what they think. Please remember, also, that your "friends" are not the only ones that are looking at your profile picture. Lust-filled "trolls" scan the internet for pictures of young girls to befriend and deceive. The devil would like nothing better than to destroy your purity and your life.

Just as we girls may make a list of things we would like to find in a husband, young men sometimes do the same, whether on paper or in their heart. But what kind of girls are they looking for? A good young man will be looking for purity of heart and mind as well as body. He will not be looking for someone who is pouty and moody all the time or one who paints her eyes to such an extent as to be brazen. He will seek out a girl who is submissive to God and her parents, willing to follow the blessed order that God set out in His Word for a man and his wife and family. If he were right with God and looking for a wife, he would not pursue some girls any further than the profile pictures that I have seen lately.

There are times that we let ourselves conform to actions and symbolism of worldly people so that we can appear to "fit in". I see many young girls taking pictures of themselves with their mouth open and their tongue hanging out. Beyond being offensive in itself, there are other things that you are saying when you do this that you may not realize. For one, the gesture comes from a Hindu goddess, Kali, who is war-like and fierce. They try to give her a good side, such as giving her a mother-like compassion, but anyone who sees her would not consider her very motherly. Our western culture has adopted her symbolism in a different way, as explained by Wikipedia:

"A variety of writers and thinkers have found Kali an exciting figure for reflection and exploration, notably feminists and participants in New Age spirituality who are attracted to goddess worship. [For them], Kali is a symbol of wholeness and healing, associated especially with repressed female power and sexuality."

To these people, she symbolizes a type of self worship, one that goes totally against the order and teaching of God. To God, she is an abomination, the source of idolatry. In all, Kali is not anything you would want to emulate.

Another symbol that is commonly used by rockers and idolaters is the hand sign of the devil. This sign is very similar to the sign that deaf people use to say, "I love you." But if the sign is made with the pointer and pinky finger held up from the fist, it is the hand sign symbolizing association with Satan. (The deaf sign for "I love you" includes the holding out of the thumb.) Whether you knew this or not, you do now.

The bottom line is that we women, young and old, who call ourselves "Christian" are suppose to be something more than what the world has to offer. We are suppose to have and testify of a purity that the world can only try to imitate in a lustful way. On every turn, men are bombarded with nudity and sensuality until it is to a point of madness. A man who is seeking to please God and walk in purity of heart and mind fights a battle every day. He is not going to be drawn to a girl that gives him the same challenge that he faces at every turn from worldly advertisements and girls that think they have to look sexy to get attention. His eyes and heart will be in tune for a girl who has the same ambitions as he, pure in thought, word, and deed to please God and to keep the precious gift of her whole being for the man she hopes to marry someday.

I mentioned earlier that there are men who actually look for girls that say they come from a "Christian" background. These men are not looking for a bride, but are looking for a girl who wants attention and favor so that they can prey on their ignorance. Many of these men are married, sometimes with children, and are only looking to lure you into a relationship that seems like a dream come true. They know all the things to say to sound spiritual and honest, and also all the things to say to make you feel loved, cherished, and desired. Only the dream turns into a horrific nightmare, leaving you crushed, shamed and ruined. Even single guys will try this game to see how many girls they can deceive and ruin so they can have bragging rights.

But there are some good guys out there. These guys are looking for a young lady, one who has set a high standard for herself and seeks to please her Lord and be a blessing to others. And if that is you, please do not think that no one notices. I was reading an article the other day that caught my eye, "Thank You For Modest Ladies." A young pastor had written about a day that he and his wife had been shopping and the despair that she voiced of the way that young women were dressing and acting and how that the display of sexuality was so overwhelming and such a shame. So he wrote an entry on his blog to encourage ladies who have determined not to dress or act that way. This is what he wrote:

"As a man, I want to say "thank you." I have a responsibility to keep my mind focused on what is pure (Phillipians 4:8) but you help with that. You don't load pictures of yourself in a swimsuit on Facebook for the whole world—including men—to see. You avoid showing parts of your body off that only your husband (or future husband) should ever see. You realize that sexuality is a strong temptation for the vast majority of men, and you refuse to be a stumbling block.

As a husband, I want to say "thank you." Leah is gorgeous, and there is no more beautiful woman on the earth. But temptations are still real, and you aid me in keeping not only by body, but also my thoughts, totally centered on her.

As a dad to a young girl, I want to say "thank you." You are a living example to my precious daughter. You are showing her that she can be fashionable and feminine, yet remain faithful to the standards of God. You are teaching her that her physical appearance is not all she is, but that she is far more.

As a dad to a young man, I want to say "thank you." Having been a young man, I know how strong temptations are, and I also remember how they quickly become part of life. Turner is too young to feel them, but for how long? You are going to help him learn to respect ladies, not to just "get an eye-full" of them.

As a Christian, I want to say "thank you." You are modeling modesty in an extremely immodest world. You are not letting the world shape your standards. You are showing Christ through even your choices of clothing.

I know this is a very difficult subject, and that finding modest clothing is getting more and more difficult. But ladies, please keep God's standard as your highest priority. The rest of the world is really competing against you, and you have already won. You know that they feel like they have to dress immodestly to draw attention, but you draw attention both for your outward and inward beauty.

It isn't a competition, but if it were, you would have already been declared the winner. Not by me, but by our Lord.

Today, I just want to say "thank you."
(<http://www.faughnfamily.com/page/2/>)

Provoking Thought

The following questions were put together to help you get a better perspective on who you are and where you are spiritually. Please be honest with yourself, answer them truthfully and candidly. When you have completed them, go back over them again and read them to yourself.

1. When you get up on Sunday morning and are looking for something to wear, what is the first thought in your mind as you choose your outfit? Is it modesty, or "Who will think I am sexy in this dress?" or "I wonder if I can get so-and-so's attention in this?"
2. Look at the pictures that you have taken of yourself in the past few months, either with your phone or other device. Think of a total stranger looking at the ones that you like the best and what he may be thinking, especially if he were looking for young girls to prey on.
3. What does the Bible say about clothing, makeup, hair, and proper mannerisms? This is an extensive study that would be good to do with a friend. Ask older Christian people, such as ladies in your church or your parents and pastor, for verses that they know on these subjects. Use a concordance, they are very helpful. Here are a few examples: Proverbs 7:10 (look up the commentaries on this one, not what you think); 2 Kings 9:30; 1 Corinthians 11:15; Isaiah 3:16. There are many more. See how many you can find on each subject.
4. Put yourself in the position of a young man who is looking for a bride. Make a list of some of the things that you think he would be looking for most in a bride if he wanted a faithful wife to love him and raise his children in the nurture and admonition of the Lord. You could even ask your Dad for some input on this list if you are not sure. When you are finished, read through your list and see how you would fair under such standards.
5. Now, read through the questions and answers above. From what you have learned, are there any areas in your life that could stand some improvement? How is your relationship with the Lord, with your church, with your parents? God honors one who sees the truth and decides to follow it, but beware knowing to do right and doing it not. (James 4:17)

Keep thyself pure. ~

2Timothy 5:22b

Does the judge know the story of the spotless fur that lines his robes of State? Does the society leader realize the sacrifice which makes possible the lovely ermine wrap which lies so gracefully about her shoulders? Do they know that the little animal whose coat they now wear, as he roamed the forest of Asia was as proud as they—aye, inordinately proud of his beautiful snowy coat? And we do not wonder, for it is the most beautiful fur to be found in all the markets of the world!



Such pride does the little carnivore take in his spotless coat, that nothing is permitted to soil it in the slightest degree. Hunters are well acquainted with this fact and take very unsportsmanlike advantage of this knowledge. No traps are set for him. No, indeed! Instead, they seek out his home—a tree stump, or rocky cleft, and then—be it said to their everlasting shame, they daub filth within and around the entrance. As the dogs are loosed and the chase begins the little animal naturally turns to him one place of refuge. Reaching it, rather than enter such a place of uncleanness, he turns to face the yelping dogs.

Better to be stained by blood than sully his white coat!

Only a white *coat*, little ermine, but how your act condemns *us*! “*Made in the image and likeness of God,*” with minds and immortal spirits; and yet, how often in order to obtain something we desire, our character is sacrificed on the altars of worldly pleasure, greed, selfishness.

Everything is lost when purity is gone—purity, which has been called the soul of character. Keep thyself pure: every thought, every word, every deed, even the motive behind the deed - all, ermine pure!



Recipes

Peppermint Cocoa Lip Balm

- 1/2 oz beeswax (approx. 3 tsp)
- 1 oz coconut oil (approx. 6 tsp)
- 1/4 oz cocoa butter (approx. 1 1/2 tsp)
- 1 1/2 tsp lanolin
- 3/4 tsp vitamin E
- 1 tsp liquid honey
- 3/4 tsp peppermint essential oil

1. In a small pot over low heat melt beeswax, coconut oil, cocoa butter, lanolin and vitamin E. Use a longish stick or small whisk to stir (a chopstick is perfect, or a wooden skewer).
2. Remove from heat and add honey and peppermint essential oil. Whisk well and try to distribute oil throughout the mixture - this is tricky. When you make it you'll see what I mean, there are little oil pockets that are hard to stir in.

Pour quickly into tins or jars, stirring mixture as you do so the oil doesn't separate. (if you do not have tins, small baby food jars work great). Let cool on counter till hard.



Homemade Solid Deodorant

Ingredients:

- 1/2 cup coconut oil
- 1 1/2 Tablespoons beeswax pellets
- 1/2 cup baking soda
- 1/2 cup cornstarch

10 drops each of Lavender, Lemon and Frankincense Essential Oils

*If you don't have essential oils on hand, don't fret. This will work just fine without the oils.
The oils are an added BONUS. :-)*

Add the coconut oil, and beeswax pellets to a small saucepan. Slowly melt over **VERY** low heat. Once melted, remove from heat and add baking soda, and corn starch. Mix with a spoon until smooth and creamy in consistency, then add the essential oils and pour into your containers. Let stand to cool and solidify.

Strawberry Mint Green Smoothie Recipe

- 1 and 1/2 cups water
- 1 fresh or frozen banana
- 1 cup fresh or frozen strawberries
- 1 cup spinach, kale, or other leafy green
- 1-2 tablespoons dried and powdered down mint leaves, or 6-8 fresh mint leaves
- A little honey, maple syrup, or stevia to sweeten (optional)

(Can also add: 1T flax or chia seeds; 1 serving protein powder; extra cup of green veggie.)
Add everything in blender and blend until smooth. Add ice cubes if you like.



Crafts

Flip-Flop and Shoe Hanger



Sometimes you receive hangers from the dry cleaners that have a cardboard tube to keep creases out of pants legs. These hanger can be repurposed as shoe and flip-flop hangers for your closet. The series of pictures shows you how. Your mom will love your new organization idea. It might even be a good idea for her, too.



Woodland Treasure Sculpture

This would be a great project to do with the little people in your life. Those beautiful twirly seeds from the maple trees will be falling soon and plentiful to find. Gather a few along with some thin twigs and using acrylic paints, give the "wings" some color. When dry, hot glue the wings in place on one of the twigs, adding a couple of short pieces for the antenna, and then paint the body by the wings. You can glue a magnet on the back for a friggie, or glue some on other branches to add to a bouquet.



Flattened Spoon Charm Necklace

These charms are made with only the bowl of a cheap spoon. (Please do not use your mother's spoons! The cheap ones you can find at the dollar store are the best. You may need some help from an adult for some of this since it involves sharp edges and power tools.) Using a hammer and an anvil, hammer the spoon bowl flat. Then, you need to cut off the handle. The sharp edge that remains will need to be filed down smooth with a flat file. Drill a small hole near the handle area of the spoon to insert a jump ring. Add another jump ring to the first one for additional charms that you make or buy. Insert a chain through the first jump ring and you have a charming necklace!



(There are many other things that can be made from cheap spoons and forks, including jewelry and also things like wind chimes, plant markers, coat hooks, and much more. Use your imagination and see what you can come up with!

Use your imagination



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