



September/October 2013

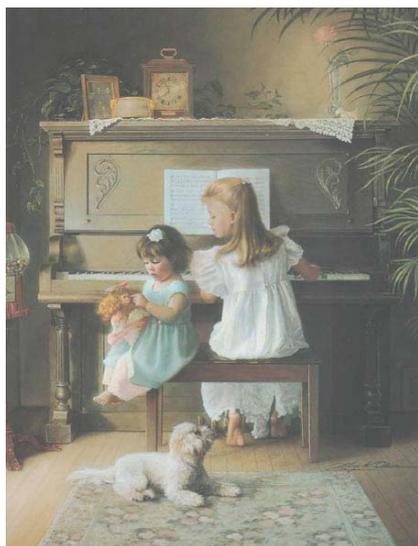
JEWELS

FOR HIS

CROWN



A periodical for Christian Young Ladies.



“Calling All Ladies!”

What a wonderful opportunity we as women have these days to be an example of Christian womanhood! "Sure 'nough ladies" are rare and if you have any doubt about that, sit on a bench in the mall or in Walmart for a while. Being different from this world in what we wear, how we act, and the things we say and do makes more of an impression than you can imagine. In this issue, I would like to challenge all of you young ladies to not only claim to be a follower of Christ but to be the kind of woman that we read about in Proverbs 31, one worthy to be valued as "far above rubies"! You can be! It is just up to you. May God bless your efforts as you serve him! ~T. Miller

Earth has nothing more tender than a woman's heart when it is the abode of piety.

Martin Luther

Editor
Teresa Miller

Managing Editor
Bro. Mike Miller

Food and Craft Co-Editor
Elisabeth Miller

Photographer and
Cover design
Esther Miller

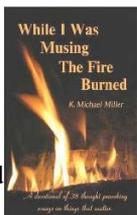
Subscription free.
Donations for publication are
appreciated.

Our Book Store

We still have two books available, "As The Days Go By", a collection of poems by Sis. Teresa Miller. The book is a 68-page paperback edition of original poetry. The cost is \$5.95 plus sh/hdl charges.



Also available, "While I Was Musing, The Fire Burned", a book of devotions written by Bro. Mike Miller, which many have already found a great blessing. The cost is \$8.95 plus sh/hdl charges. Order both for \$12!



teresa3@vamex.com
573-223-3308

(Note: These are now also available through Amazon to order or to download on your Kindle device. When searching, type in name and author, please.)

(Amy Carmichael)



A vital Christian (lady), radiating that hidden beauty of the heart, is more attractive to the right sort of Christian man (the only kind you want) than the raving beauty who is hollow within. A woman who is developing her domestic abilities, who is reasonably attractive, and who is a vital Christian in her own right is an irresistible person.

Jay E. Adams

The modern challenge to motherhood is the eternal challenge – that of being a godly woman. The very phrase sounds strange in our ears. We never hear it now. We hear about every other kind of women – beautiful women, smart women, sophisticated women, career woman, talented women, divorced women, but so seldom do we hear of a godly woman... I believe women come nearer fulfilling their God-given function in the home than anywhere else. It is a much nobler thing to be a good wife than to be Miss America. It is a greater achievement to establish a Christian home than it is to produce a second-rate novel filled with filth.

It is a far, far better thing in the realm of morals to be old-fashioned than to be ultramodern. The world has enough women who know how to hold their cocktails, who have lost all their illusions and their faith. The world has enough women who know how to be smart. It needs women who are willing to be simple. The world has enough women who know how to be brilliant. It needs some who will be brave. The world has enough



women who are popular. It needs more who are pure. We need women...who would rather be morally right that socially correct

Peter Marshall

*(Pictured above: Darlene Deibler Rose)
(Note: if you have not read her biography, I highly recommend that you do; "Evidence of Things Not Seen".)*



Ten Qualities of a Real Lady

1. *Confidence*

There is something refreshing about a girl who is confident in herself. Having to be reassured constantly of your looks or acceptance is a big sign of insecurity.

2. *Intelligence*

Nothing looks more juvenile than being ignorant on purpose. If you think school is a waste of time you need to grow up. Being able to understand what is being said and carry on an intelligent conversation shows you care about something more than yourself.

3. *Unmaterialistic*

A lady does not focus on clothes, jewelry, shoes, or constant gifts of affection, although she dresses well and takes care to look nice. She values more the eternal things such as Godly principles and the love and devotion of a husband and family.

4. *Dependable*

No one has to wonder if you are going to be on time or if your responsibilities are going to be completed. You get things done, no questions asked.

5. *Self-Composed*

You do not get ruffled over every thing that goes wrong. Losing your temper is not an option, which does not mean you are never angry, just controlled. A lady is easy to get along with.

6. *Joyful and Playful*

Sobriety is your main objective but there are times when you can be funny and sweet, too, without being flirty or acting in a sexy fashion.

7. *Femininity*

It is not the ruffles and lace that make you feminine, although the way you dress will reflect the way you feel about yourself. You can look pretty in work clothes. Submissive without being weak, resilient without being tough, assured without being proud...these are what make a lady.

8. *Honesty*

If you can not be honest, you can not be trusted. Stretching the truth to put yourself in the best light only makes others think less of you. A lady will make honesty a life-time habit and priority.

9. *Joyful Submission*

A lady will learn the balance of dependancy and independance. Being dependant on your dad or husband shows submission, but you should be able to stand on your own two feet when the need arrises.

10. *Supportive*

A lady has a listening ear but not a prattling tongue. Shun gossip, for it only makes you a lesser person. Be an encourager!

A "Sure 'Nough Lady"

"Who can find a virtuous woman? for her price is far above rubies."

Proverbs 31:10

With all the media that we enjoy these days we have ample opportunity to live in a dream-like, drama-filled lifestyle, and more people do than not. If you do not believe me just take a look at your own family with that thought in mind. I have more drama in my own family than I would have ever believed that I would have, and looking back over my life I see that my own life has been so dramatized as to keep my heart and mind away from the blessedness of reality. Everyone keeps their minds filled with movies, television shows, love novels (Christian or otherwise), and magazine articles that their minds cannot grasp the reality of everyday living long enough to communicate sanely. The saddest part of it all is the fact that when they finally do find themselves in church where some good man of God is preaching truth, their minds are so saturated with the garbage of worldly drama that they cannot connect with the truth of the Word and therefore come away with nothing that could help them in their soul.

In this devotion, I do not want to give you another way to dramatize your life. When I was a young teenage girl, I would search out different ways of acting that would make me look more dramatic and accepted, and most of those sources were the popular magazines of the day. Needless to say, they were not the kind of sources from which I should have been gathering advice. I would try some of the things that I read about and most of the time it would only make the people around me laugh me to scorn. The world's philosophies are either hilarious or risqué, and neither one is worth imitating. But imitation is a way of lying about yourself, too. If you are trying to be something that you are not, you are lying to both yourself and everyone else around you.

God wants us to be women of virtue. Virtue is *"moral excellence. A virtue is a positive trait or quality deemed to be morally good and thus is valued as a foundation of principle and good moral being. Personal virtues are characteristics valued as promoting collective and individual greatness."* There is nothing froppy or humbug about being a virtuous woman but, on the contrary, there is great value in it. (By the way, "froppy" is one of those older slang words that means out-dated, messy and ugly.) Not only do you find favor with God but you will also find favor with man because there is not a man alive who does not appreciate a woman being a lady and letting him be a gentleman. If you would read Proverbs 31:10-31 carefully, you will find that this woman was a very well-kept, well-dressed and intelligent lady and there is absolutely nothing wrong with that.

So, what does it mean to be a "sure 'nough lady"? One author that I have read fondly has said that "a real lady...is a lady in three ways." I would like to look carefully at these three suggestions that he made and also look into God's word to see what our Lord had to say on the subject as well.

First, a lady is a lady in her heart. This is to say that you must be a lady in the things that you do that no one else sees. Being a lady, as well as being a Christian, has to come from the heart to be real. A lady is always consistent, not changing with whom she is around. Many young people (and older folks, too) want to live a chameleon's lifestyle and fit in with whatever crowd they are with. But regardless of what those people think, that does not win favor in any crowd. An honorable person is one who will be real and not try to change to fit the circumstances. There is no trust or confidence in a person like that. Those people are rightly called "hypocrites", whether they are in the church or not. But a lady is always the same, at home, at school, at church, with family, friends or strangers. She is what she is, and a lady will try to do her best without being phony.

Second, a lady *"must have a lady mind. She must know how to think and talk about the things that really matter. All the fine dresses and jewels in the world could not make a real lady if she does not think, or if she thinks only of things that are of no value."* Much of this depends on the things that you listen to, read and think about. Seek those things that give you profitable knowledge that will help you as a wife and mother. Be careful not to fill your time with reading novels, playing games, or watching television, which will fill your mind with illusions and worthless day-dreaming. The Bible gives us a good way to filter the things that we should think about. *"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."* *Philippians 4:8* If you put everything that you read, listen to and think about through this filter, it will rid your life of lies, gossip, lasciviousness, drama and all the other things that plague our world today.

Another thing we should consider in being a lady is how we dress. The clothes that we wear and how we wear them speak loudly of who we are. Clothes that are sloppy, unpressed, or dirty will tell everyone that you do not care how you look or what people think of you. I have seen many girls and women slop into the shopping center in pajamas and old t-shirts, or in the grocery store with long denim skirts, over-sized shirts and tennis shoes and apparently as unconcerned about their appearance as could be. Do you think that the representatives of a country or company would come to a meeting dressed in such a fashion? We as Christian ladies need to remember that we are representing Christ in our everyday lives and being a "sure 'nough lady" has a lot to do with that. Skirts and dresses that are too tight and revealing blouses that draw the wrong kind of attention are also a dishonor to the Lord and a disgrace to being a lady.

Thirdly, *"a lady will keep her body as strong and as beautiful as she can, for this is one way that she expresses her heart and mind."* This pertains to more than just exercise, diets and work-outs. There are plenty of girls these days that are well-shaped physically that are not keeping themselves that way for the right reason. It simply means that you will be concerned about how you look in every way because you are a child of the King, his representative, and you care about yourself and what

you look like. Plainly, you will not be seen without your hair combed, your teeth brushed, your clothes neat (pressed, if necessary), and some kind of shoes on your feet. Unless you are working on something that requires older clothes, you should be dressed nice and at least have your hair brushed. You should not require other people being around you to want to look your best, you should do it because you care about yourself.

Looking nice may require some of the diets and exercise mentioned above. Girls sometimes go through a stage where they get a little chubby and that is normal. This does not mean to be lovely you must be skinny (which is a worldly philosophy), but you should not let yourself develop a habit of over-eating and lazy habits of inactivity that cause you to become overweight. There are too many things that you can do in your home for you to be idle, as well as plenty of exercise programs that can help you to become more healthy and fit. Diets do not have to require fancy foods. It is just a matter of not eating so much, eating more healthy foods and avoiding those things that add to the problem. Keeping yourself healthy and more active will give you more energy, make you look lovely, and give you a better outlook on life all together. It not only pleases you but also your family, friends, and the Lord.

So, what does all of this "lady" stuff have to do with being a "virtuous woman"? Get your Bible and read Proverbs 31:10-31. Do you see all the things that she does? She is trustworthy, which means that she is real and does not put on an act or try to be a chameleon. She knows how to work and where to get the things that she wants and needs for herself as well as for her family. She is not lazy, lying in bed until half the day is gone and then feeling grumpy and ill the rest of the day. She knows business and agriculture. She is strong and healthy and has confidence in herself that she knows what she is doing. She is humble and caring toward others while always caring for her family. She dresses herself and her family well with what she has and makes them proud of her. She knows how to bring a little extra into the family income without putting herself above her husband, and she therefore has no regrets when she is older. She has given herself to know God enough to instruct her children in the ways of righteousness with kindness and wisdom and they love her for it. She is not idle but always is doing something for herself or someone else. Boredom is a sin to her. This lady, who no doubt has trained her mind and set her course when she was a young woman, will find a blessed life when she is old, one of peace and contentment. She knows that, "Favour is deceitful, and beauty is vain: but a woman that feareth the LORD, she shall be praised". Proverbs 31:30

There is no higher calling for a woman than to be a real lady. A "sure 'nough" lady walks with the Lord and fills her days with the things that would be pleasing to him. There is no sweeter joy than to know that you are pleasing the One who loves you most. The world needs more "sure 'nough" ladies. Will you be one of them?

To be a "sure 'nough lady" requires much thinking and perseverance. It is not something that happens overnight but is a life-long commitment. Plainly, it is something that you must want to do to be able to succeed. You have to decide to go "against the grain", so to speak. Our society screams against those who want to live a holy (set apart) lifestyle, so to be a Christian lady as the woman in Proverbs 31 will take more than just book learning. It will take determination to follow Christ and be a woman that is pleasing to the Lord. It depends on how much you love him.

Here are some more questions and challenges for your notebook. These are just some guidelines. Your best teacher will be the Holy Spirit, who will guide you as you surrender to the will of God (1Thessalonians 4:3a). Acquaint yourself with God through reading his Word daily and seeking to do those things that please him. May God bless your efforts!

1. Read the following passages that tell about a few of the ladies that God mentioned in his Word. As you read and study your Bible, you will realize that these people are not super-humanly spiritual but they grow through the circumstances they are in and are honored by God for their devotion.

- a. Judges 4-5
- b. 1 Samuel 25
- c. Matthew, Luke
- d. Acts 9:36-41

2. Carefully consider the life-style you are living right now. Re-read the paragraph near the end of the devotion about the Proverbs 31 lady. How many of her characteristics do you have? Write down a few of the things that you see lacking in your life right now and determine how you can begin changing those things to please the Lord. Do not try to do too much at once or you could get discouraged. Consider them daily, read the passage often, and let the Lord help you grow as you go.

3. Look in the mirror each morning before you face anyone else and see the person that is there. Are you pleased with her? Do you believe that Jesus is pleased with her, how she looks and what she is wearing? Self-evaluation is a helpful tool in realizing some things about yourself.

Other ladies can be an example, but they can also let you down. Carefully choose someone that could be a good example for you, especially an older lady who has proven to be a follower of Christ through her lifetime. Real ladies do not change with the styles or culture, but are steady and faithful. Tell her what you are doing and how you want to be a lady that is pleasing to the Lord. Older Christian women will always be willing to encourage younger women in the right pathway and her friendship will be a blessing to you.

Christmas is On The Way!

How about some cookie and candy recipes!

Old Fashioned Hard Candy

Ingredients

- 3-1/2 cups sugar
- 1 cup light corn syrup
- 1 cup water
- 1/4 to 1/2 teaspoon flavor oil of choice
(You can use cinnamon, peppermint, lemon, orange...you choose!)
- 1 teaspoon food coloring to match flavor

Directions

1. In a large heavy saucepan, combine sugar, corn syrup and water. Cook on medium-high heat until candy thermometer reads 300° (hard-crack stage), stirring occasionally. Remove from the heat; stir in oil and food coloring, keeping face away from mixture as odor is very strong.
2. Immediately pour onto an oiled baking sheet. Cool; break into pieces. Store in airtight containers. Yield: about 2 pounds.

(Note: Give in small quantities as this candy draws dampness and sticks together.)



Cardamom Cookies

- 2 cups butter, softened
- 2-1/2 cups confectioners' sugar, divided
- 1-1/2 teaspoons almond extract
- 3-3/4 cups all-purpose flour
- 1 teaspoon ground cardamom
- 1/8 teaspoon salt
- 1 cup finely chopped walnuts

Directions

In a large bowl, cream butter and 1-1/2 cups confectioners' sugar until smooth. Beat in extract. Combine the flour, cardamom and salt; gradually add to the creamed mixture. Stir in walnuts.

Roll into 1-in. balls. Place 2 in. apart on ungreased baking sheets. Bake at 350° for 15-17 minutes or until edges are golden.

Roll warm cookies in remaining confectioners' sugar. Cool on wire racks.

Yield: 6 dozen.

Snowflake Pretzels

Tree-shaped pretzels

White almond bark

Edible glitter, if desired

In a double-boiler, melt bark until thin. Dip pretzels and place six of them on wax paper in a star design, then three on top to fill.

Sprinkle with edible glitter while wet. Allow to cool and carefully remove from paper.

(Here's another idea: Dip one edge of regular pretzels and lay them in a circle to make a wreath! Don't forget to use the sprinkles!)



Crafts

Christmas Bracelet



- 1 gold toggle clasp
- 20" gold beading thread
- 2 gold jump rings
- 9 small green cone beads
- 16 med. red round or faceted beads

Attach jump rings to each side of toggle clasp. Run beading thread through one jump ring and fold in half. Insert one green cone bead onto both ends of thread and draw up close to jump ring. Add one red bead on each thread, then another green bead on both threads together. Remember to leave enough space for the beads to separate. Continue with remaining beads and fasten to the other jump ring on the other side of the toggle clasp.

Gumball Candy Jar

Supplies for one:

- One clay pot with drain plate
- One round Betta bowl
- One round wooden knob
- Red acrylic paint
- White acrylic paint or decals
- Craft cement or epoxy glue
- Ribbon for decoration

Paint clay pot, drain plate and wooden knob; dry completely. To assemble, turn pot upside down and glue Betta bowl on pot. Glue

wooden knob on bottom side of drain plate. Paint snowflakes or other winter designs on the clay pot. When dry, tie bow below bowl, fill with candy or gum and use drain plate as a lid. Cute decoration and great gift!



Upcycled Containers for Cookies and Candy

Here are two ideas for containers that you might find in your cabinet.

Empty Pringles cans covered in holiday paper (or even the Sunday comics) make a great cookie container. Add a bow and they are ready to give.

The little guy on the bottom was made from a Country Time lemonade container. Just add a pipe cleaner with poms for ear muffs, a rolled up piece of orange construction paper for

a nose and draw his coal black eyes with a sharpie. The scarf is a piece of rick rack. He makes a cute container for candy.



Jars are always useful, but put one on a candle holder and give the lid a little festive color and you have a great candy container.

Recipes

Orange Julius

- 1 1/2 cups milk
- 1/2 cup water
- 1/2 cup sugar
- 1 tsp. vanilla
- 1/2 lg. can orange juice
- 12-14 ice cubes

Blend all together in blender until ice is chopped.
Enjoy a cool drink.



Left-Over Mashed Potato Cakes

To left-over mashed potatoes (already buttered and salted), add cooked bacon, cheese, parsley, green onions, etc. Fill greased muffin tins about 3/4 full and run a fork over the tops; brush tops with melted butter or olive oil. Bake at 375° until tops are crispy and golden brown.



Bacon Egg and Cheese Ring

Ingredients

- 1 can of crescent rolls
- 5 large eggs; scrambled
- 1 cup of shredded Colby and Monterrey jack cheese
- 8 slices of cooked bacon (I bought the pre-cooked stuff)
- 1 teaspoon of season salt

Directions

1. Heat oven to 375 degrees. Scramble eggs on stove top. Lay out crescents on a parchment lined pizza pan in a star formation (the longer sides of each crescent on the inside with the pointed ends pointing out.)
2. Place cooked bacon around the inside center of the ring. Top with about 1/3 of the cheese, scrambled eggs, season salt (or whatever seasoning you're using), and remaining cheese.
3. Fold pointed tips of each crescent over the filling and join in the center of the ring. Press all the points in the center down to seal them together.
4. Place in oven and bake for 15-17 minutes, or until golden brown. Slice in between each crescent to make 8 individual pieces.

No Bake Energy Bites

Ingredients

- 1 cup (dry) oatmeal (I used old-fashioned oats)
- 2/3 cup toasted coconut flakes
- 1/2 cup peanut butter
- 1/2 cup ground flaxseed or wheat germ
- 1/2 cup chocolate chips
- 1/3 cup honey or maple syrup

- 1 Tbsp. chia seeds (optional)
- 1 tsp. vanilla extract

Mix all ingredients; store in airtight container and chill 1/2 hour. When chilled, make into balls and store in refrigerator for up to 1 week.



Jewels For His Crown
RR1 Box 1436
Mill Spring, MO 63952

PDF downloadable version at:
www.spbiblechurch.com

